After the Crisis
IDENTIFYING AND MANAGING THE HUMAN IMPACT ON SURVIVORS, FAMILY, CO-WORKERS AND COMMUNITY
TRICIA KAGERER | EXECUTIVE DIRECTOR CONSTRUCTION DALLAS GALLAGHER
December 31, 2007

OSHA News Release - Region 6

U.S. DEPARTMENT OF LABOR

Please note: Information in some news releases may be out of date or may no longer reflect OSHA policy.

Region 6 news release OSHA 07-1899-DAL

Dec 31, 2007

$324 K

U.S. Department of Labor’s OSHA fines two construction contractors combined $324,000 following asbestos exposure inspection
#1 Creating an All-Hazards Plan

1. Administration
2. Referenced publication
3. Definitions
It’s **not** just about accidents
#2 Post Crisis Intervention Program

We must remember the people.

Families

Internal First Responders

Coworkers (Subcontractors)

Community
Employee Assistance Programs are not enough

Need Help?
1-800-888-8888

Employees and families have to make the first step and the typically don’t.

Language barriers

Cultural issues
The Families
Family

Employee Benefits
Workers compensation
Funeral Costs
Life Insurance
Medical Bills Groceries
School Supplies

Kids' Chance
www.kidschance.org
Families

if you owe it - pay it.
Firefighters and police **signed up to run toward a problem** not run away from it.

Construction Staff **did not sign up to be first responders**. They signed up to build buildings.
Coworkers
Your Reputation

It takes years to develop your reputation and **an instant to lose it**.

*Does your company have enough good will to recover?*
Post Crisis Human Mitigation Plan
Post Crisis Human Mitigation Plan

Writing a policy is easy. Implementing it and facilitating lasting change is hard.

Step 1
Post Crisis Human Mitigation Plan

Identify People At Risk

Step 2
At Risk Suicide

CRY FOR HELP

Talking about feeling trapped or in unbearable pain
Talking about being a burden to others
Increased use of alcohol or drugs
Acting anxious or agitated; behaving recklessly
Sleeping too little or too much
Withdrawing or feeling isolated
Showing rage or talking about seeking revenge
Extreme mood swings
At Risk Suicide

CPR FOR THE BRAIN

Ask the question in a caring way.
You have been going through a really hard time lately.
Are you thinking about suicide?

If Yes – what are you thinking about doing?

Listen – be there – non judgement.
You can't fix it – you can be there. I am sorry you are going through this. You are not alone in this.

Bring in others – Clinic – hotline – professionals, family members, other people.

Follow up – stay in touch for long term.
Schedule – knowing someone is thinking about you makes a big difference. Research shows we save lives.
Resources

WELCOME TO
MAN THERAPY
Because you can't just rub some dirt on your emotions.
www.mantherapy.org

Construction Industry Alliance for Suicide Prevention

Suicide Prevention in Construction Resources

CFMA webinar
National Suicide Prevention Lifeline
1-800-273-TALK (8255)
347 free & confidential emotional support to people in suicidal crisis or emotional distress
347 free crisis intervention — Text HELLO to 741741

10 questions
ACTION steps
Take a MindWise Screening
ANALYSIS & integration
What construction owners & supervisors must ask to create cultures promoting mental health awareness & suicide prevention
How to implement upstream, midstream & downstream tactics to help save lives
Take an anonymous, confidential & free mental health screening
Evaluate & build mental health promotion & suicide prevention into the workplace

Posters
Free flyers & posters ready to print & display
You are not alone

Make a difference in your little corner of the world...

Tricia Kagerer | Gallagher

Email: tricia.kagerer@ajg.com